

# **HEALING THE COUPLE: A SYSTEMS THERAPY PERSPECTIVE**

Friday, December 3, 2004  
9:00 am until 4:00 pm  
6 CEU's  
**Steve E. Perkins, Ph.D.**

## **SUMMARY**

Few endeavors will have a greater impact on the development of healthy families and individuals than helping couples to become more effective communicators and loving partners. This workshop will explore the family-of-origin impact on an individual's model for building intimate relationships. Presentation methods may include lecture, discussion, videotape, live demonstration and/or role-play.

Participants will learn to assess and identify patterns that can undermine relationships. Interventions that can interrupt destructive relating cycles without increasing resistance to change will be discussed.

This workshop will also present a conceptual framework for building meaningful relationships in couples that enhance the family system and can stop generational dysfunction.

## **OBJECTIVES**

Participants will be able to:

- Identify belief systems and communication patterns in the family-of-origin that have an impact on couple relationships.
- Learn to track couple interaction in a therapy session.
- Explore and practice interventions that can interrupt destructive cycles without creating couple resistance to therapy.
- Create a context for constructive change and growth.

**Steven E. Perkins, Ph.D.** has presented on a variety of relationship concerns over the past 25 years. He is the director of Akron Family Institute and teaches part-time at Walsh University. He is a clinical member and Fellow of the American Association for Marriage & Family Therapy and has served as president of the Ohio Association. Dr. Perkins brings extensive experience, understanding and wisdom regarding couple relationships to his presentations. He also brings mastery and clarity to the area of marriage & family dynamics.

**Akron Family Institute, Inc.**

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